



**Manhasset Bay Yacht Club**  
**SAILING INSTRUCTIONS**  
**89<sup>th</sup> ANNUAL NEW YEAR'S FROSTBITE REGATTA**  
**January 1 & 4, 2020**

RC - Race Committee

OA - Organizing Authority

SI – Sailing Instructions

**1 RULES**

- 1.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 In addition to RRS rule 1 Helping Those in Danger, safety rules in paragraph 2, SAFETY & CAPSIZES shall apply.
- 1.3 InterClubs shall display bow numbers of a contrasting color to the hull and placed within one foot of the bow stem. Bow numbers shall match sail numbers. If two boats have the same “bow/sail” numbers, the boat whose hull's number matches that “bow/sail” number shall display that number.
- 1.4 The “National” crew and boat rules will apply per the most current I.C. Technical regulations for the Inter Club Dinghy Class.
- 1.5 In the Ideal 18 class, the same number of crew shall sail each race of the regatta.
- 1.6 Appendix U Audible-signal Racing System will apply as modified by SIs 7 and 8.
- 1.7 Appendix V, Alternative Penalties will apply as modified by SI 1.8.
- 1.8 When a “No-Jibe” Course is signaled, RRS 44.3 will apply with the following change:
  - (i) no yellow flag need be flown but the boat shall notify the RC after finishing that race of her intention of taking the scoring penalty.
  - (ii) The Scoring Penalty will be 10% of the number of boats entered in the series if the penalty would have been a One-turn Penalty and 20% if the penalty would have been a Two-turn Penalty in rule V1.

**2 SAFETY & CAPSIZES**

- 2.1 **Launching** – No boat shall leave the dock until a safety boat is manned and on the water.
- 2.2 **Life Jackets** – All competitors shall wear non-inflatable USCG-approved personal flotation devices at all times while on the water except for brief periods while adjusting clothing.
- 2.3 **Capsizes** – Each boat's obligation specifically includes the following:

Whenever possible, the boat nearest to a capsized boat that is able to do so, shall go to the assistance of and/or stand by the capsized boat unless a safety boat can respond immediately.

Except for Lasers, the skipper and crew of a capsized boat shall immediately board the first arriving safety boat for transportation to shore, and that race shall be scored DNF. Neither skipper nor crew will participate in the recovery of their boat unless granted permission by the safety boat operator.

If the skipper of a capsized Laser cannot right the boat within approximately 3 minutes, the

RC or safety boat crew may require the skipper to board the safety boat, and the race will be scored DNF.

- 2.4 Racing Area** – All boats are to remain in the vicinity of the racing area or the dock. They shall not sail away from the fleet and safety boat coverage.
- 2.5 Late arrivals, Withdraws, and Early Departures** – Any boat arriving after the start of the first race, withdrawing from a race, or leaving before racing is over shall inform the RC of her action whenever possible.

### 3 NOTICES TO COMPETITORS

All written notices including any changes to these SI shall be posted on the official notice board in the clubhouse no later than 1045 hours on the day they go into effect.

### 4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located on the front lawn. If a postponement is signaled ashore, the warning signal will be made not less than 20 minutes after the AP is lowered.

### 5 SCHEDULE OF RACES

<b>Wednesday January 1, 2020</b>	Competitor Meeting	1200
	Past Commodore's Race	1245
	First Warning 1 <sup>st</sup> race (after past commodore's race has ended)	
<b>Saturday January 4, 2020</b>	First Warning	1300

On Saturday, January 4<sup>th</sup> no warning will be signaled after 1530.

### 6 RACING AREA

The racing area will be Manhasset Bay.

### 7 COURSES & MARKS

- 7.1** The courses will be short windward/leeward or no-jibe type courses. The course will be hailed verbally, including the marks, their colors, their rounding sequences and their required sides to all competitors. The color of the first windward mark will be displayed. For **no jibe** courses, the first leeward mark color will be displayed under the windward mark color.
- 7.2** When code flag "D" displayed **prior to the warning signal**, a boat **shall not cross** the starting line after she *starts* or the finish line until after she has rounded the leeward mark.

### 8 THE START

- 8.1** The starting line shall be between a staff with a flag on it at the RC end of the line and a buoy with a flag on it at the other end. A boat shall not start later than four minutes after the starting signal has sounded, unless the RC verbally grants permission to start.
- 8.2** Races will be started under RRS Appendix U as modified below.

Attention	Multiple short sounds	Time to Start
Warning Signal	2 long sounds	2 minutes
Preparatory Signal	1 long and 3 short sounds	1 minute 30 seconds
	1 long sound	1 minute
	3 short sounds	30 seconds
	2 short sounds	20 seconds
	1 short sound	10 seconds
	1 short sound	5 seconds
	1 short sound for each remaining second	
Start Signal	1 long sound	Start

The warning signal for subsequent races will be made shortly after the finish of the previous race at the RC's discretion.

## 9 RECALLS

- 9.1 Individual Recall** – The RC will hail the sail numbers of OCS boats. No redress will be granted regarding any aspect of the hail of OCS boats. This changes RRS rule 29.1.
- 9.2 General Recall** – General recalls shall be signaled by a hail from the RC boat and multiple horn blasts. The next signal shall be the warning signal. This changes RRS rule 29.2.

## 10 THE FINISH

The finish line will be between a staff with a flag on it at the RC end of the line and a buoy with either 1 or 2 flags on it at the other end.

## 11 TIME LIMIT

If no boat finishes within 30 minutes, that race shall be abandoned. Any boat not finishing within 15 minutes after the first boat's finish shall be scored TLE without a hearing *whereby she places 2 boats after the number of finished boats*. This changes RRS 35, 63.1, A4, and A5.

## 12 PROTESTS

Protests shall be delivered to the MBYC front office within 40 minutes after the RC arrives ashore. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day in the Trophy Room.

## 13 SCORING

The low point scoring system, RRS Appendix A, will be used.

One race constitutes a series. For the Wharf Rat Championship, these scores will be used to determine a skipper's place. Points will be awarded for places in the Wharf Rat Championship as described in the Wharf Rate Championship document.

**14 TROPHIES**

The Baker-Taylor Founders Trophy will be awarded for the highest percentage in any class.  
 The Sam Wetherill Trophy will be awarded to the outstanding Inter Club skipper.  
 The John P. Barry Trophy will be awarded to the outstanding Ideal18 skipper.  
 The Randy Bartholomew Trophy will be awarded to the outstanding Laser skipper.  
 The Henry A. Alker Perpetual Trophy will be awarded to the outstanding MBYC skipper.  
 The Geoffrey C. Hazard Frostbite Trophy will be awarded to the outstanding PWYC skipper.  
 The Robert W. Fraser Memorial Trophy will be awarded to the winner of the Past Commodore's Race.  
 The Anchor Light Trophy for participation will also be awarded.

Appropriate trophies will be awarded in each class.

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